

Web-based resources for hip and knee replacement patients and their families

The following links to Internet sites are compiled from a variety of sources that are not linked to the AAHKS and do not constitute medical advice. The AAHKS does not provide any warranties on the accuracy, timeliness or availability of these sites, which represent the individual opinions of the site owners and are not necessarily endorsed by the AAHKS. The information is intended to help you become educated about your options and to help you find support from other individuals facing total hip or knee replacement. People seeking specific medical advice or assistance should contact an orthopaedic surgeon or other health care provider.

The Links are divided into these sections. Type the entire URL (address starting with http://) into your Internet Browser (no breaks). Happy surfing!

- **Internet Search Engines**
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Internet Search Engines

Google (general)

<http://www.google.com/>

Teoma (general)

<http://www.teoma.com/>

PubMed (general scientific articles)

<http://www4.ncbi.nlm.nih.gov/entrez/query.fcgi>

Centerwatch Clinical Trials Listing Service

<http://www.centerwatch.com/>

Clinical Orthopaedic and Related Research (article abstracts)

<http://www.corronline.com/>

Journal of Arthroplasty (article abstracts)

<http://www2.arthroplastyjournal.org>

MediLexicon Medical Dictionary

<http://www.pharma-lexicon.com/>

On-Line Medical Dictionary

<http://cancerweb.ncl.ac.uk/omd/>

Orthopaedic Web Links (OWL)

http://www.orthopaedicweblinks.com/Patient_Information/index.html

Finding a Surgeon

Which Medical Specialist is for You?

<http://www.abms.org/which.asp>

AAOS Find an Orthopaedist

<http://www3.aaos.org/memdir/public/memdir.cfm>

American Association of Hip and Knee Surgeons (Doctor Locator)

<http://www.aahks.org/index.asp/fuseaction/patients.locator>

American Orthopaedic Society for Sports Medicine (AOSSM)

<http://www.sportsmed.org/about/membersearch.asp>

HealthGrades

<http://www.healthgrades.com/>

International Society of Arthroscopy, Knee Surgery and Orthopaedic Sports Medicine

<http://www.isakos.com/directory/default.aspx>

Pediatric Orthopaedic Society of North America (POSNA)

<http://www.posna.org/index?service=page&context=memberDirectory>

Solucient Top 100 Orthopaedic Hospitals

<http://www.100tophospitals.com/Studies/ortho00/default.asp>

U.S. News & World Report: Top Orthopedic Hospitals

<http://www.usnews.com/usnews/health/hosptl/rankings/specihqorth.htm>

JCAHO Quality Check

<http://www.jcaho.org/qualitycheck/directry/directry.asp>

HOW TO SELECT A JOINT REPLACEMENT SURGEON (article)

<http://www.peachtree-online.com/Adults/Catalog/arthritis.feature.html>

"Getting the Most Out of a Visit with Your Doctor"

http://orthoinfo.aaos.org/fact/thr_report.cfm?Thread_ID=350&topcategory=Patient%20Safety

Doctorpage: Find a Physician

http://www.doctorpage.com/findit/Find_a_Physician_or_Hospital/index.htm

A Career in Orthopaedics

http://orthoinfo.aaos.org/fact/thr_report.cfm?Thread_ID=375&topcategory=About%20Orthopaedics

DocFinder

<http://www.docboard.org/docfinder.html>

Patient-based Resource and Support Sites

ActiveJoints.com

<http://www.activejoints.com/>

Hip Universe

<http://hipuniverse.homestead.com/>

Knee1.com Ask an Expert

<http://www.knee1.com/reference/ask10.cfm?id=2knee1.com>

Med Help International

<http://www.medhelp.org/>

Center for Orthopedics & Sports Medicine: Arthroscopy.com

<http://www.arthroscopy.com>

Professional Team Physicians-Ask a Doctor

<http://www.proteamphysicians.com/patient/ask/index.asp>

Polio: Health Care Professional and Support Group Locators

<http://my.execpc.com/~epwoll/reslist.html#Locate>

Post-Polio Syndrome Central

<http://www.skally.net/ppsc/>

Hip Resurfacing: Patients and Friends

<http://groups.yahoo.com/group/surfacehippy/>

THUNDERBALL HIP (patient page)

<http://www.thunderballhip.50megs.com/>

Totally Hip Support Group

<http://disc.server.com/Indices/8340.html>

Wheelchair Junkie

<http://www.wheelchairjunkie.com/>

Yahoo Health! Ask Dr. Andrew Weil a Question

<http://www.drweil.com/yahoo/askdw.html>

Yahoo! Knee Surgery group

<http://groups.yahoo.com/group/KneeSurgery/>

Metal to Metal Hip resurfacing (patient BBS)

http://www.greenspun.com/bboard/q-and-a-fetch-msg.tcl?msg_id=001dFZ

SEXUAL ACTIVITY GUIDELINES following THR (patient site)

<http://members.tripod.com/totallyhip1/educate/sextr.htm>

The Hip

Center Watch: Clinical Trials Hip Replacement

<http://www.centerwatch.com/patient/studies/cat315.html>

Center Watch: Clinical Trials Musculoskeletal Diseases

<http://www.centerwatch.com/patient/studies/cat103.html>

Hip Fact Sheets

<http://orthoinfo.aaos.org/category.cfm?topcategory=Hip>

Johns Hopkins: THR Manual (generic)

<http://rothmaninstitute.com/patienteducation/brochures/total-hip-replacement.pdf>

MedLine Plus: Hip Joint Replacement

<http://www.nlm.nih.gov/medlineplus/ency/article/002975.htm>

Mini-Hip Replacement

<http://www.minitotalhip.com/webpages/GenInfoDoctors.htm>

Minimal Incision Hip Replacement-Mayo Clinic

<http://www.medicaledege.org/2002dec.html#1>

SURFACE HIP REPLACEMENT

http://www.totaljoints.info/surface_hip_replace.htm

Wheeless' Textbook: Total Hip Arthroplasty

<http://www.wheelessonline.com/>

TOTALLY HIP CELEBRITIES

<http://members.tripod.com/totallyhip1/educate/celebrities.htm>

Yoga after Hip Replacement

http://www.yogajournal.com/practice/596_1.cfm

Hip Implants

http://orthoinfo.aaos.org/fact/thr_report.cfm?Thread_ID=271&topcategory=Hip

The Knee

AAOS Knee Fact Sheets

<http://orthoinfo.aaos.org/category.cfm?topcategory=Knee>

Animated Knee Anatomy

<http://www.midsouthorthopedics.com/kneeanatomy.htm>

Are We Doing the New Minimally Invasive Surgery? Yes, But...

<http://www.jointurgeons.com/minimal.htm>

Johns Hopkins University: Total Knee Replacement Manual (generic)

<http://rothmaninstitute.com/patienteducation/brochures/knee-replacement.pdf>

Minimal Incision TKA

http://www.bonutti.net/results_body.htm

Minimally Invasive Knee Replacement Surgery

<http://www.whhs.com/community/classes/calendar.htm?productId=130>

Center Watch: Clinical Trials Knee Replacement

<http://www.centerwatch.com/patient/studies/cat316.html>

Center Watch: Clinical Trials Musculoskeletal Diseases

<http://www.centerwatch.com/patient/studies/cat103.html>

LONG TERM CARE OF YOUR KNEE REPLACEMENT

<http://www.hipsandknees.com/knee/kneecare.htm>

Repicci II Unicondylar Program

<http://www.repicci.com/default.html>

Wheelless' Textbook: Knee Joint Menu

<http://www.wheellessonline.com/>

A Patient's Guide to Artificial Knee Replacement

http://www.medicalmultimediasgroup.com/pated/joints/knee/knee_replacement.html

Criteria for knee surgery

Cartilage

Chondral and Osteochondral Injuries of the Knee

<http://www.wheellessonline.com/>

Knee Problems: Articular Cartilage Damage

http://www.kneeclinic.info/problems_articular_cartilage.php

Putting It All Together

<http://www3.aaos.org/arthknee/cr/cole/cole.htm>

Pharmacologic Treatment of Knee Pain

Hyalgan: Intraarticular sodium hyaluronate

<http://www.hyalgan.com/>

Case reports on the use of viscosupplementation

<http://www.physsportsmed.com/asr/knee/cases.htm>

STAAR VISC™ Sodium Hyaluronate Viscoelastic

<http://www.fda.gov/cdrh/pdf/p960033.html>

Hyaluronate Sodium Injections for Osteoarthritis (abstract)

http://archinte.ama-assn.org/cgi/content/abstract/162/3/292?maxtoshow=&HITS=10&hits=10&RESULTFORMAT=&fulltext=hyaluronate+sodium+injection+for+osteoarthritis&searchid=1089816726114_2222&stored_search=&FIRSTINDEX=0&journalcode=archinte

Orthopaedic Information

AAOS Patient Safety

<http://www.patientsafety.aaos.org/>

Bonetumor.org

<http://www.bonetumor.org/index.html>

CDC Guidelines for Prevention of Surgical Site Infection (1999)

<http://www.cdc.gov/ncidod/hip/SSI/SSI.pdf>

CPM - CONTINUOUS PASSIVE MOTION

<http://www.arthroscopy.com/sp06000.htm>

Family Practice Notebook: Orthopaedics

<http://www.fpnotebook.com/ORT.htm>

http://www.guideline.gov/summary/summary.aspx?doc_id=4841&nbr=3482&string=knee+AND+surgery

A Patient's Guide to Knee Anatomy

http://www.medicalmultimediasgroup.com/pated/knee_problems/anatomy/knee_anatomy.html

Operative treatment options for osteoarthritis of the knee and cartilage defects (article)

<http://www.physsportsmed.com/asr/knee/cole.htm>

Patellofemoral Pain Syndrome: A Review and Guidelines for Treatment

<http://www.aafp.org/afp/991101ap/2012.html>

Virtual Hospital Total Knee Replacement: A Patient Guide

<http://www.vh.org/adult/patient/orthopaedics/kneereplacement/index.html>

New Techniques to Restore Articular Cartilage

http://orthoinfo.aaos.org/fact/thr_report.cfm?Thread_ID=242&topcategory=Knee

Carticel (commercial site)

http://www.genzymebiosurgery.com/prod/cartilage/gzbx_pt_cartilage.asp

Verigen (commercial site)

<http://www.vtsi.de/>

About Arthritis (Synvisc & Hyalgan & Orthovisc)

<http://arthritis.about.com/cs/synvisc/>

Viscosupplementation Treatment for Arthritis

http://orthoinfo.aaos.org/fact/thr_report.cfm?Thread_ID=245&topcategory=Knee

Synvisc: An Injectable Viscosupplementation Treatment Used to

Relieve Osteoarthritic Pain of the Knee (osteoarthritis relief)

http://www.genzymebiosurgery.com/prod/osteo/gzbx_pt_osteo.asp

MEDLINEplus: Hyaluronate Sodium (Systemic)

<http://search.nlm.nih.gov/medlineplus/query?DISAMBIGUATION=true&FUNCTION=search&SERVER2=server2&SERVER1=server1&PARAMETER=hyaluronate+sodium&x=48&y=9>

Johns Hopkins Arthritis News

http://www.hopkins-arthritis.com.jhmi.edu/news-archive/2000/new_label.html

HISTORY OF TOTAL JOINT REPLACEMENT

<http://www.utahhipandknee.com/history.htm>

Medline PLUS: Osteoarthritis

<http://www.nlm.nih.gov/medlineplus/osteoarthritis.html>

Muscles Tutorial

<http://www.gwc.maricopa.edu/class/bio201/muscle/mustut.htm>

MedlinePLUS Drug Information

<http://www.nlm.nih.gov/medlineplus/druginformation.html>

Product Review: GLUCOSAMINE and CHONDROITIN

<http://www.consumerlab.com/results/gluco.asp>

Perioperative Blood Conservation Program (Physicians and Nurses for Blood Conservation)
<http://www.pnbc.ca/PublishedLiterature.pdf>

Polymethylmethacrylate (PMMA) Bone Cement; Guidance for Industry and FDA (July 2002)
<http://www.fda.gov/cdrh/ode/guidance/668.html>

Radiology Info
<http://www.radiologyinfo.org/>

Second or Additional Medical Opinions in Orthopaedic Surgery
<http://www.aaos.org/wordhtml/papers/ethics/1200eth.htm>

Transfusion Physiology: 2.7 - Autologous Blood
http://www.qldanaesthesia.com/TransfnBook/Trans2_7.htm

Transfusion Practices for Elective Orthopedic Surgery
<http://www.pubmedcentral.nih.gov/articlerender.fcgi?artid=99309&rendertype=abstract>

UHMWPE Lexicon (ultra-high molecular weight polyethylene)
<http://www.uhmwpe.org/>

WebMD (commercially sponsored)
<http://www.webmd.com/>

Questions and Answers about Hip Replacement
http://my.webmd.com/content/article/5/1680_50455.htm?lastselectedguid={5FE84E90-BC77-4056-A91C-9531713CA348}

AAOS: "Primary Total Hip and Total Knee Arthroplasty Projections through 2030"
http://www.aaos.org/wordhtml/pdfs_r/tjr.pdf

ACR Appropriateness Criteria™ for evaluation of the patient with painful hip or knee arthroplasty.
http://www.guideline.gov/summary/summary.aspx?doc_id=2422&nbr=1648&string=painful+AND+hip

Orthopaedic-Related Associations

American Academy of Orthopaedic Surgeons (AAOS)
<http://www.aaos.org>

American Academy of Physical and Rehabilitative Medicine
<http://www.aapmr.org/>

American Academy for Cerebral Palsy and Developmental Medicine (AACPDM)
<http://www.aacpdm.org/home.html>

American Academy of Orthopaedic Manual Physical Therapists (AAOMPT)
<http://www.aaompt.org/>

American Association of Hip and Knee Surgeons (AAHKS)
www.aahks.org

American Board of Orthopaedic Surgery (ABOS)
<http://www.abos.org/>

American College of Rheumatology
<http://www.rheumatology.org/>

Arthritis Self-Help Course (ASHC) (bilingual presentation)
<http://www.arthritis.org/events/getinvolved/ProgramsServices/ArthritisSelfHelp.asp>

Bone and Joint Pathology Index
<http://www-medlib.med.utah.edu/WebPath/BONEHTML/BONEIDX.html>

MerckMedicus: Orthopaedics
http://www.merckmedicus.com/pp/us/hcp/sp/hcp_sp_template.jsp?specialtyName=Orthopaedics#patresource

OrthoGate Patient Resources
<http://www.orthogate.com/index.php?module=subjects&func=listsubjects>

Anesthesia for Hip and Knee Surgery (2001)
http://orthoinfo.aaos.org/fact/thr_report.cfm?Thread_ID=321&topcategory=Hip

Anesthesia for Reconstructive Knee Repair
http://216.239.41.104/custom?q=cache:POQvxpHcn_AJ:www.nmh.org/patient_ed_pdfs/pt_ed_anesthesia_total_knee_repair.pdf+Knee+surgery+and+anesthesia&hl=en&ie=UTF-8

Deep Vein Thrombosis (2001)
http://orthoinfo.aaos.org/fact/thr_report.cfm?Thread_ID=264&topcategory=Hip

Deep Vein Thrombosis (Hospital for Special Surgery, Orthopedic Surgery)
http://orthopaedics.hss.edu/services/conditions/hip/dv_thrombosis.asp

Recommendations for the medical management of osteoarthritis of the hip and knee: 2000 update.
http://www.guideline.gov/summary/summary.aspx?doc_id=2935

TRANSFUSION ALERT (NATIONAL HEART, LUNG, AND BLOOD INSTITUTE) use of Autologous Blood
<http://www.nhlbi.nih.gov/health/prof/blood/transfusion/logo.htm>

Total Hip and Total Knee Arthroplasty Without Blood Transfusion: The Jehovah's Witness Perspective
<http://rothmaninstitute.com/patienteducation/joint/jehovah.htm>

American Congress of Rehabilitation Medicine (ACRM)
<http://www.acrm.org/>

American Orthopaedic Society for Sports Medicine (AOSSM)
<http://www.sportsmed.org/>

Association of Academic Physiatrists
<http://www.physiatry.org/>

American Society of Anesthesiologists
<http://www.asahq.org/>

American Society of Plastic and Reconstructive Surgeons
<http://www.plasticsurgery.org/>

American Society for Bone and Mineral Research
<http://www.asbmr.org/>

Center for Musculoskeletal Sepsis and Orthopaedic Research
<http://www.osteomyelitis.com/>

International Society of Arthroscopy, Knee Surgery
and Orthopedic Sports Medicine (ISAKOS)
<http://www.isakos.com/>

International Bone and Mineral Society
<http://www.ibmsonline.org/>

The International Society for Technology and Arthroplasty
<http://www.ista.to/aboutista.shtml>

Hip Society
<http://www.hipsoc.org/>

Knee Society
<http://www.kneesociety.org>

Medical Device Manufacturers' Association
<http://www.medicaldevices.org/public/>

National Association of Orthopaedic Nurses (NAON)
<http://www.orthonurse.org/>

National Institute of Arthritis and Musculoskeletal and Skin Diseases
(NIAMS)
<http://www.niams.nih.gov/>

NIH Osteoporosis and Related Bone Diseases~ National Resource
Center
<http://www.osteoporosis.nih.gov/>

National Osteoporosis Foundation
<http://www.nof.org/>

Osteoarthritis Research Society International
<http://www.oarsi.org/about/index.cfm>

Orthopaedic Research Society (ORS)
<http://www.ors.org/>

Orthopaedic Research and Education Foundation (OREF)
<http://www.oref.org>

Orthopaedic Associations and Societies (International)
<http://freeortho.com/associations.html>

Other Organizations

AARP
<http://www.aarp.org/>

Agency for Health Care Policy and Research
<http://www.ahrq.gov/>

Agency for Health Care Policy and Research: Clinical Information
<http://www.ahrq.gov/clinic/>

American Medical Association (AMA)
<http://www.ama-assn.org/>

Arthritis Foundation
<http://www.arthritis.org/>

Covering the Uninsured
<http://coveringtheuninsured.org/>

Contacting the Congress
<http://www.visi.com/juan/congress/>

FDA Center for Devices and Radiological Health
<http://www.fda.gov/cdrh/>

Medicare web site for Patients
<http://www.medicare.gov/>

National Center for Complementary and Alternative Medicine
(NCCAM)
<http://www.nccam.nih.gov/>

National Institute on Aging
www.nia.nih.gov

National Institute of Arthritis and Musculoskeletal and Skin Diseases
<http://www.niams.nih.gov/>

Public Citizen (advocacy)
<http://www.citizen.org/>

Other Resources

AAOS Position Statements
<http://www.aaos.org/wordhtml/position.htm>

FDA News
<http://www.fdanews.com/pub/ddl/>

MEDICAL HELP IN SPANISH
<http://www.clubcruceros.org/MedTerms.html>

American Pain Society
<http://www.ampainsoc.org/pub/arthritis.htm>

Praxis.MD (osteomyelitis)
<http://merck.praxis.md/bpm/bpm.asp?page=BPM01ID17§ion=brief>

FDA MAUDE database represents reports of adverse events involving
medical devices
<http://www.accessdata.fda.gov/scripts/cdrh/cfdocs/cfMAUDE/search.CFM>

Everything You Want to Know about Sex after Total Hip Replacement

Arthritis Foundation: Sex and Arthritis

http://www.arthritis.org/research/bulletin/vol49/49_7.pdf

Arthritis Foundation: Managing Your Activities

<http://www.arthritis.org/AFStore/StartRead.asp?idProduct=3360>

Univ. Washington: Sex and Arthritis

<http://www.orthop.washington.edu/arthritis/living/sex/05>

Lahey Clinic: Patient's Guide To Hip Replacement (Generic)

<http://www.lahey.org/depts/ortho/Updates/hip.stm>

NYU FACT SHEET: AFTER TOTAL HIP REPLACEMENT (generic)

<http://library.med.nyu.edu/HCC/handouts/proced/hiprepl.pdf>

UVHS: Sexual function after a total hip replacement

<http://www.healthsystem.virginia.edu/internet/orthopaedics/sexfunc.cfm>

Johns Hopkins: THR Manual (generic)

<http://rothmaninstitute.com/patienteducation/brochures/total-hip-replacement.pdf>

JRI: Activities of Daily Living Following Total Hip Joint Replacement (generic)

[http://jointreplacementinstitute.com/jri/Section3\(1\).html](http://jointreplacementinstitute.com/jri/Section3(1).html)

Virtual Hospital: Total Hip Replacement: A Guide for Patients (generic)

<http://www.vh.org/adult/patient/orthopaedics/hipreplace/#8>

AAOS: Activities after a Hip Replacement (generic)

http://orthoinfo.aaos.org/booklet/view_exercise.cfm?Thread_ID=20&to_pcategory=Hip