



AAHKS

AMERICAN ASSOCIATION OF
HIP AND KNEE SURGEONS

UPDATE

WINTER 2020

A MEMBER PUBLICATION



2019 YEAR IN REVIEW

WHAT'S INSIDE: HEALTH POLICY FORECAST

- NEW AAHKS PODCAST • POSTER AWARDS • SPRING MEETING



APRIL 30-MAY 2, 2020

AAHKS SPRING MEETING

CONNECTING THROUGH CASES.

REGISTER

2020 SPRING MEETING

April 30 - May 2, 2020

Radisson Blu Aqua Hotel | Chicago, USA

- Case-based learning
- Peer-to-peer education
- Small-group setting
- Expert faculty

Visit www.AAHKS.org for details.





2019 IN REVIEW

by Michael J. Zarski, JD, AAHKS Executive Director



AAHKS Defends Value of Arthroplasty

No issue was more significant in 2019 than the Centers for Medicare and Medicaid Services (CMS) directing the American Medical Association/Specialty Society Relative Value Scale Update Committee (RUC) to review and re-value primary hip and knee arthroplasty which were last surveyed in 2013.

The process includes a survey of orthopaedic surgeons to gather data about the time and work effort involved in the procedures. This survey was conducted over the summer and presented to the RUC in October. Based on this, the RUC has made a recommendation to CMS, who will issue Medicare payment regulations for 2021 based on the RUC's recommendations.

All participants in the RUC process are bound by a confidentiality agreement, but we can say this: There is good published data supporting our position that arthroplasty procedures are not overvalued.

We can also say that the valuation process currently in use does not adequately account for the increased preoperative work that goes into patient optimization. We are working to correct this, and we are optimistic that we will be successful.

Position Statements Address Critical Issues

The Association has encapsulated policy positions, best practices and other information for the benefit of members, government officials and other interested parties. Position statements on the AAHKS website added in 2019 include statements on Biologics for Advanced Hip and Knee Arthritis and Opioid Use for the Treatment of Osteoarthritis of the Hip and Knee.

Annual Meeting Amps Up Education

AAHKS conducted the 2019 Annual Meeting in November at the Hilton Anatole in Dallas. New for 2019 was a resident lab course that provided 100 medical residents with hands-on experience of total hip and total knee arthroplasty procedures. The educational poster area was enhanced with improved display boards for the 360 posters. Annual Meeting attendees can review the posters and video of the speakers' presentations and their slides through the AAHKS website.

Advocacy in Washington, D.C. Intensifies

Leadership of the Association committed substantial time and energy to represent the interests of members and patients in Washington, D.C. Volunteer and staff leadership met with officials within the Department of Health and Human Services, CMS and related federal agencies throughout the year. On Capitol Hill, Association leaders and members visited 35 Congressional offices in one day.

Spring Meeting Sells out

In its 4th year, the AAHKS Spring Meeting moved to New York and reached its attendance capacity. The Spring Meeting is designed to provide a different, more individualized learning experience in a small-group, case-based discussion setting. The 2020 Spring Meeting will take place April 30 to May 2 in Chicago. Registration is now open.

New Leaders Elected

Elections conducted at the Annual Business Meeting in November resulted in the selection of David A. Halsey, MD as the 2020–2021 Third Vice President, Ryan M. Nunley, MD for a second term as Treasurer, and Denis Nam, MD, MSc and Ran Schwarzkopf, MD, MSc as Board Members-at-Large for 2020–2022.

FARE Issues Research Grants

Funded by contributions from AAHKS, our Foundation for Arthroplasty Research and Education (FARE) continued distributing research grants in 2019. The success of the grant program, administered by the Research Committee, has led AAHKS and FARE to double the number of grants and the amount awarded starting in 2020.

continued....

Foundation Established for OpWalk Support

The Association continues to operationalize its support of the various chapters of Operation Walk that conduct medical missions in developing areas of the world. To this end, AAHKS established a new foundation, AAHKS Global Outreach. AAHKS-GO will coordinate and fund centralized support of over 20 OpWalk chapters.

AAHKS Social Media Connects

Many more followers are connecting with AAHKS through our social media channels. In 2019, engagement increased through Twitter, LinkedIn, and Facebook. Both members and the public viewed video content on YouTube and the AAHKS website. A new video about getting through airport security with a metal implant was produced at Chicago's O'Hare International Airport in cooperation with TSA. AAHKS also launched a podcast channel under the banner of "AAHKS Amplified." Members recorded podcasts including live discussions at the AAHKS Annual Meeting on a variety of clinical and non-clinical topics.

A NEW MEMBERSHIP YEAR, A NEW DECADE

The year 2020 promises to start out strong for AAHKS membership. With an increase of 498 members in the last year, the association continues its upward trajectory in membership growth.

Don't Let Your 2020 Membership Lapse

It only takes a few minutes to renew your AAHKS membership online. Simply log in at www.aahks.org to pay with a credit card. You can also sign up for automatic renewal each year. Don't let any of your membership benefits expire such as access to the Journal of Arthroplasty and reduced rates at upcoming educational events.

Questions? Please contact:

Eileen Lusk, Director of Membership at
eileen@aaahks.org or call 847-698-1200.

Membership Category	2019 Totals
Fellow	2,414
Arthroplasty Surgeon in Training	440
Candidate	416
International	371
Emeritus	358
Clinical Affiliate	246
Associate	48
Non-Clinical Affiliate	38
International Resident	2
Honorary	2
Total:	4,335

Presenting the 2019 AAHKS HUMANITARIAN AWARD

to Aaron A. Hofmann

Aaron A. Hofmann, MD received the 2019 AAHKS Humanitarian Award at the 2019 AAHKS Annual Meeting. Dr. Hofmann, who is a 1991 charter member of AAHKS, founded Operation Walk Utah 15 years ago after traveling on an Operation Walk mission with Lawrence D. Dorr, MD to Guatemala. The focus of Operation Walk Utah is the Hospital Nacional Santa Tecla in El Salvador where more than 800 patients are on a waiting list for hip and knee replacement surgeries. Dr. Hofmann travels with his team twice a year and sees 55-70 patients on each trip.



Each year, Dr. Hofmann invites one trainee from El Salvador to his clinic for a six-week fellowship. The trainee then returns with the Operation Walk Utah team to El Salvador to help screen and operate on their patients. He is currently working with AAHKS and the Operation Walk Central Board to establish a training center in El Salvador to teach local surgeons how to perform hip and knee replacement surgery. Dr. Hofmann is also working with the Minister of Health and Salvadorian President to establish a joint center with local surgeons in order to help shorten the long wait list for joint replacement.

During the selection process, Erin Hofmann told the story of how her father not only has performed more than 1,000 surgeries for Salvadorians in need, but how he also stepped in when the program lost its storage room due to the hospital's need for the space. "My dad traveled to San Salvador for 36 hours on a weekend in between his own surgeries and clinics. He showed up with one other OpWalk volunteer, building materials and a local workforce...to move equipment, pour concrete and stack cinder blocks. The storage shed they built solidifies the commitment to return to El Salvador for many years to come."

According to Dr. Dorr, "Aaron's work has sparked other Operation Walk chapters in at least eight states. No other Operation Walk Surgeon has invested so much personal money or demonstrated such entrepreneurial enthusiasm for improving his team's delivery of care to people who would otherwise remain disabled throughout their lives."

The AAHKS Humanitarian Award recognizes AAHKS members who have distinguished themselves by providing humanitarian medical services and programs with a significant focus on musculoskeletal diseases and trauma including the hip and knee in the United States or abroad.

Nominations for the 2020 AAHKS Humanitarian Award are now being accepted through April 15, 2020 at www.AAHKS.org/Humanitarian.

WINTER 2020

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FARE Research and Awards

2020 HEALTH POLICY FORECAST



Congressional Action on Prescription Drug Costs:

Notwithstanding the ongoing impeachment process, the President and Congressional Democrats and Republicans share a desperate interest in passing bipartisan legislation to address the high prices and out-of-pocket costs of prescription drugs in order to have a health care accomplishment before the elections in November. The President is particularly motivated as most of the Administration's regulatory efforts to reduce prescription drug spending (tying Medicare physician-administered drug prices to prices in foreign countries; regulating direct-to-consumer advertising of drugs; ending rebates paid by drug manufacturers to pharmacy benefit managers) have been withdrawn or blocked by litigation.

Competing bipartisan proposals include capping the amount out-of-pocket spending for beneficiaries in Medicare Part D Drug Plans at \$2,000 or some other amount, and/or making health plans and drug manufacturers responsible for a greater share of the cost of coverage in the catastrophic phase of the Medicare drug benefit.

Additional proposals from Democrats include:

- Require manufacturers to rebate to the federal government the value of any price increase that exceeds the inflation rate
- Establish an international pricing index, under which all public and private insurers would pay drug manufacturers no more than 120% of the volume-weighted average of drug prices of 6 countries (Australia, Canada, France, Germany, Japan and the United Kingdom)
- Allow the Secretary of Health and Human Services to negotiate a "maximum fair price" for the most-costly, name-brand drugs each year

There is a limited timeframe to arrive at a compromise as Congressional leaders have signaled that any work on health care legislation must be complete by June, at which time members will turn their attention to campaigning.



Congressional Action on Surprise Billing

Another topic on which Congress and the White House are attempting to come to agreement before June 2020 is limiting the ability of providers and health plans to pass high dollar “surprise bills” onto patients. On one side of the debate are what Sen. Lamar Alexander (R-TN), Chairman of the Health, Education, Labor and Pensions Committee calls “private equity groups — realizing the amount of money that can be made by these excessive charges — [that] control three of the largest companies that handle billing and staffing for emergency rooms. These staffing companies set up agreements with hospitals and then refuse to sign contracts with insurance networks unless excessive charges are agreed to.” On the other side are insurance plans, with an interest in controlling provider reimbursement and removing leverage that specialists may obtain over health plans.

Most bipartisan proposals establish that commercial insurance patients on the receiving end of a surprise medical bill from an emergency room provider or an out-of-network provider at an in-network facility would be held harmless

for cost sharing at the in-network rate. Congress is debating whether such measures should be paired with 1) an independent arbitration process for providers and plans that cannot reconcile surprise bills on their own, or 2) “benchmarking” a rate for out-of-network providers that consists of median in-network market rate for the area. Congress is evaluating how best to implement protections for patients without favoring plans or providers over each other.

Litigation Over Administration Transparency Regulations

Ending surprise billing is just one element of the Administration’s agenda to better inform patients, providers, and plans through health care “transparency.” Much of this transparency agenda will play out through federal litigation in 2020. Several hospital groups (Federation of American Hospitals, American Hospital Association, Association of American Medical Colleges, Children’s Hospital Association, and 3 individual systems) have sued the Centers for Medicare and Medicaid Services (CMS) to block its new

regulation requiring hospitals to make public their standard charges (both gross charges and payer-specific negotiated reimbursements) for all items and services online in a machine-readable format. CMS has also proposed a similar regulation requiring health plans to disclose in-network provider negotiated rates and historic out-of-network allowable amounts, which health plans intend to oppose.

Medicare Reimbursement to Orthopaedic Surgeons

In late June or early July, CMS will release its proposed 2021 Medicare Physician Fee Schedule, setting provider reimbursement rates for the year ahead. Through the release CMS will reveal whether it has accepted or rejected the recommendations of the AMA RVU Update Committee (RUC) to reduce the physician reimbursement by 5.4% for CPT codes 27447 and 27130.

Medicare for All in the Presidential Campaign

While Congress works on prescription drug costs and surprise billing, Presidential candidates will continue to use 2020 to advocate for broad health coverage reform in 2021. Senator Elizabeth Warren (D-MA) and Senator Bernie Sanders (D-VT) each favor “Medicare for All.” Their legislation would in fact end Medicare, Medicaid, and

all private or employer-sponsored insurance and move all citizens into a new federal health care plan without any deductibles or patient cost sharing. The scope of covered benefits and provider reimbursement levels would be determined in the future through regulation. Former Vice President Joe Biden and Mayor Pete Buttigieg each oppose Medicare for All as too costly and favor instead an option for some or all Americans to “buy-into” Medicare coverage. Regardless of which Democrat is the nominee, President Trump will criticize their coverage proposal as too expensive and will instead highlight his hoped-for accomplishments on prescription drugs or surprise billing.

“Protecting and Improving Medicare for Our Nation’s Seniors”

To counter the Medicare for All momentum, the White House has signaled that it will release the following proposals and policies throughout 2020 to highlight innovation in the existing Medicare program and to place “patients over paperwork”:

- Incentivize Medicare Advantage (MA) plans offer more variety and flexibility in supplemental benefits and telehealth services and the offering of Medicare Medical Savings Accounts

Commitment to Advocacy for AAHKS

EARNs HUTCH HUDDLESTON THE PRESIDENTIAL AWARD

With a practice at Stanford University in California and work to be done in Washington, D.C., James I. “Hutch” Huddleston, MD didn’t let the geographic distance deter his commitment to defending AAHKS members’ interests in front of lawmakers. His work as the AAHKS Health Policy Chair and leading the charge on the issue of the potentially mis-valued code review for CPT codes 27447 and 27130 through the American Medical Association (AMA)/Specialty Society Relative Value Scale Update Committee (RUC) brought Dr. Huddleston back and forth across the country to various meetings and endless hours of work. For these reasons, Michael P. Bolognesi, MD presented the 2020 AAHKS Presidential Award to Dr. Huddleston at the 2019 AAHKS Annual Meeting. Dr. Huddleston thanked those who served in the same capacity in the past, “To be successful in this effort, you can’t read a book about it. You have to have institutional knowledge, and that knowledge needs to be passed on, and I was lucky to be the beneficiary of that.”





- “Eliminate burdensome regulatory billing requirements, conditions of participation, supervision requirements, benefit definitions, and all other licensure requirements of the Medicare program that are more stringent than applicable Federal or State laws require and that limit professionals from practicing at the top of their profession.” This is expected to be a continuation by CMS to incentivize and reward utilization of PAs and NPs in primary care

- Minimize the time and steps between FDA approval and Medicare coverage decisions
- Release a report that “identifies approaches to modify Medicare FFS payments to more closely reflect the prices paid for services in MA and the commercial insurance market, to encourage more robust price competition, and otherwise to inject market pricing into Medicare FFS reimbursement”

ACA Litigation

A group of 20 Republican State Attorneys General last year filed suit in federal District Court in Texas to overturn the entire Affordable Care Act of 2010 (ACA). The case is **Texas v. Azar**. Their argument is that the Supreme Court upheld the constitutionality of the ACA's individual

coverage mandate in 2012 as a valid exercise of Congressional power, only so long as the corresponding tax penalty for noncompliance exists. Since Congress eliminated the individual mandate tax penalty from the ACA in 2017, they argue that the underlying mandate is now unconstitutional. They further argue that the entire ACA should be overturned along with the mandate due to “lack of severability” between the law’s provisions.

The District Court sided with Republicans and ruled against ACA supporters, who then appealed the decision to the 5th Circuit Court of Appeals, which on December 18, 2019 agreed with the District Court that the individual mandate was unconstitutional. However, the Court of Appeals remanded the case back to the District Court to analyze which, if any, provisions of the ACA should therefore be overturned. Democratic State Attorneys General have appealed to the Supreme Court to review the finding that the individual mandate is unconstitutional. Regardless of whether the Supreme Court agrees to take up the case at this time, this litigation will span 2020 and may even stretch into 2021.

Medicare Bundled Payments Related to TJA

In early 2020, CMS is expected to release proposed changes to the Comprehensive Care for Joint Replacement (CJR) Program to be effective in 2021. This will include adjustments to the target price and episode definition. Later in 2020, CMS is planning to release new bundled payment demonstration opportunities, not for procedures, but for diagnoses, including for osteoarthritis. The bundles are purportedly intended to band together primary care and specialty physicians in a shared financial interest to reduce the number of high-cost procedures.

THE 2019 AAHKS AWARDS

James A. Rand Young Investigator's Award

Presented to

Jason M. Jennings, MD

Denver, Colorado

"Traditional Intravenous Fluid vs. Oral Fluid Administration in Primary Total Knee Arthroplasty: A Randomized Trial"

Co-Authors: Mauricio Mejia, MD, Michael A. Williams, MD, Roseann M. Johnson, BS, Charlie C. Yang, MD, Douglas A. Dennis, MD

Lawrence D. Dorr Surgical Techniques & Technologies Award

Presented to

Ashton H. Goldman, MD

Portsmouth, Virginia

"Aseptic Reoperations Within One Year of Primary Total Hip Arthroplasty Markedly Increase the Risk of Later Periprosthetic Joint Infection"

Co-Authors: Douglas Osmon, MD, Arlen D. Hanssen, MD, Mark W. Pagnano, MD, Daniel J. Berry, MD, Matthew P. Abdel, MD

AAHKS Clinical Research Award

Presented to

Nicholas Sauder, BA

Boston, Massachusetts

"No Evidence for Higher Patient-Reported Outcome Scores After Total Hip Arthroplasty with the Direct Anterior Approach at 1.5 Months Postoperatively, and Through a 5-Year Follow-Up"

Co-Authors: Veronique J. Vestergaard, MD, Saira Siddiqui, MPH, Vincent P. Galea, BA, Charles R. Bragdon, PhD, Henrik Malchau, MD, PhD, Karim A. Elsharkawy, MD, James I. Huddleston, MD, Roger H. Emerson, MD

Listen to the AAHKS award recipients speak candidly about their studies in podcasts recorded at the 2019 AAHKS Annual Meeting. Download AAHKS Amplified podcasts from your favorite app.



Jason M. Jennings, MD



Ashton H. Goldman, MD



Nicholas Sauder, BA

REVIEW AAHKS 2020 PRESENTATION VIDEOS

General Session video content from the 2019 AAHKS Annual Meeting is now available online. If you attended the Meeting, you can log in to review presentations, symposia and award presentations in high-quality, on-demand videos at no charge. These videos are made available as supplemental educational material only for those who attended the Meeting. The videos will be made available to purchase as a CME opportunity for those who did not attend. Go to <https://education.aahks.org> and click the Log In button to enter your AAHKS username and password.



AAHKS LAUNCHES NEW PODCAST

AAHKS is excited to announce the launch of AAHKS Amplified, the new podcast channel created under the guidance of the Digital Health and Social Media Committee.

Episodes include:

- Early Aseptic Reoperation and PJI
- Drinking Water Provides Better Hydration Than IV Fluids
- Mind/Body Interventions for Arthroplasty
- Use of THC/CBD in Perioperative Period Around Total Knee Arthroplasty
- Education Increases Disposal of Opioid Tablets after Hip, Knee Surgery
- Arthroplasty Today: How It Started, Where It's Going
- Patient Engagement Platforms and Your Practice
- AI and Machine Learning in Hip and Knee Arthroplasty
- Outpatient Total Joint Arthroplasty
- The Psychology of Joint Replacement
- Navigating the Collection Process for the ABOS Part II Oral Exam

Download episodes from your favorite podcast app or visit the AAHKS website to listen and subscribe.

AAHKS

AMPLIFIED



View the 2019 AAHKS SCIENTIFIC POSTERS

All posters presented at the 2019 AAHKS Annual Meeting can be viewed online at <https://aahks.apprisor.org>. The website includes a search by topic, author, keyword and award.

These are the 2019 poster award recipients:

Primary Hip

No Clinically Meaningful Difference in 1-Year Patient-Recorded Outcomes Among Major Approaches for Primary Total Hip Arthroplasty

James B. Bircher, DO, Atul F. Kamath, MD, Nicolas S. Piuze, MD, Alison K. Klika, MS, Carlos A. Higuera, MD, Kurt Spindler, MD, Greg Strnad, MS, Alexander Zajichek, MS

Primary Knee

Aseptic Loosening at the Tibia in Total Knee Arthroplasty: A Function of Cement Mantle Quality?

Chadwick B. Hampton, MD, FAAOS, Zachary P. Berliner, MD, Joseph T. Nguyen, MPH, Logan Mendez, BA, Sarah Smith, BA, Amethia Joseph, BA, Douglas E. Padgett, MD, Jose A. Rodriguez, MD

Revision Hip

Dual Mobility Bearing Articulations Result in Lower Rates of Dislocation Following Revision Total Hip Arthroplasty

William T. Li, BS, Zachary Kozick, BS, Matthew Sherman, BS, Camilo Restrepo, MD, Eric B. Smith, MD, P. Maxwell Courtney, MD

Revision Knee

Incremental Inputs Improve the Automated Detection of Implant Loosening with Machine Learning Algorithms

Romil F. Shah, MD, Stefano A. Bini, MD, Thomas P. Vail, MD





Infection

Absolute Synovial PMN Count Is a Valuable Marker for Diagnosis of Periprosthetic Joint Infection

William Li, BS, Michael Yayac, MD, Nicholas D'Antonio, BS, Lorena Fuentes Rivera, MD, Sreeram Penna, MD, Javad Parvizi, MD

Complications Not Including Infection

The Effect of Bladder Catheterization on Ambulation and Venous Thromboembolism Following Total Knee Arthroplasty: A Prospective Institutional Analysis

Peter A. Gold, MD, Luke J. Garbarino, MD, Hiba K. Anis, MD, Nipun Sodhi, MD, Jonathan R. Danoff, MD, Sreevathsa Boraiah, MD, Vijay J. Rasquinha, MD, Michael A. Mont, MD

Non-Arthroplasty

Hitting the Target: Hip Natural History Based on Achieving an Acetabular Safe Zone Following Periacetabular Osteotomy

Cody C. Wyles, MD, Juan S. Vargas, MD, Mark J. Heidenreich, MD, Kristin C. Mara, MS, Christopher L. Peters, MD, John C. Clohisy, MD, Robert T. Trousdale, MD, Rafael, J. Sierra, MD

Health Policy

Conversion Total Knee Arthroplasty Needs Its Own Diagnosis Related Group Code

Michael F. Yayac, MD, Jonah M. Stein, BS, Javad Parvizi, MD, Gregory K. Deirmengian, MD, P. Maxwell Courtney, MD





APRIL 30-MAY 2, 2020

AAHKS SPRING MEETING

CONNECTING THROUGH CASES.

COME HOME TO CHICAGO

The 2020 AAHKS Spring Meeting takes place in Chicago, where the movement to create AAHKS started 30 years ago. A small group of hip and knee surgeons decided it was time to create an organization that was open and welcoming to all arthroplasty surgeons so that they could benefit from each other's expertise.

The Spring Meeting represents this philosophy by creating an environment that is intimate (attendance is capped at 200) and focuses on case sharing. Attendees have the unique opportunity to meet face-to-face with faculty and discuss hip and knee patient care.

Objectives

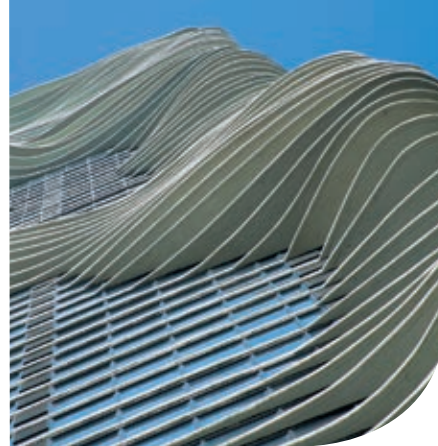
- Analyze total hip and knee arthroplasty cases
- Investigate the patterns contributing to effective total hip and knee primary **arthroplasty** and **revision**
- Determine the strategies contributing to optimal **perioperative** and **post-operative** care, including **complication** management
- Consider effective **practice management** tips and related **health care policy**
- Report the highlights of the **AAHKS Annual Meeting**

CME

The American Association of Hip and Knee Surgeons (AAHKS) is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The American Association of Hip and Knee Surgeons (AAHKS) designates this live activity for a maximum of 15.5 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.





Registration and Hotel

This year's meeting takes place in the Radisson Blu Aqua Hotel, which holds numerous awards for architectural design in a city known for world-class architecture. The "Aqua" skyscraper is in the American Institute of Architects' selections for the USA Today's list of 25 must-see buildings in Illinois. Come early for the International Session on Thursday; stay an extra day

and enjoy all the Second City has to offer within walking distance of the Aqua.

- Last year's Meeting sold out so register and reserve your hotel room early! Log in to your AAHKS account at www.AAHKS.org.
- Bring your fellows and physician assistants.

2020 AAHKS SPRING MEETING • PRELIMINARY AGENDA

Times and topics are subject to change.

Thursday, April 30, 2020

- 3:00 p.m.** Registration opens
- 4:00 p.m.** International Session moderated by Wayne G. Paprosky, MD
- 6:00 p.m.** Reception

Friday, May 1, 2020

- 7:00 a.m.** Breakfast and Case Discussions
- 7:50 a.m.** Welcome and introductions
- 8:00 a.m.** Symposium I
- 9:00 a.m.** Breakout 1
- 10:30 a.m.** Symposium II
- 11:10 a.m.** Breakout 2
- 12:30 p.m.** 2020 Spring FARE Grant Award
- 12:45 p.m.** Lunch
- 1:15 p.m.** Symposium III
- 2:25 p.m.** Breakout 3
- 3:45 p.m.** Symposium IV
- 5:00 p.m.** Reception

Saturday, May 2, 2020

- 6:15 a.m.** Breakfast and case discussions with faculty
- 6:50 a.m.** Welcome and introductions
- 7:00 a.m.** Symposium V
- 8:10 a.m.** Breakout 4
- 9:30 a.m.** Symposium VI
- 10:30 a.m.** Breakout 5
- 11:50 a.m.** Lunch
- 12:30 p.m.** Symposium VII
- 1:35 p.m.** Adjourn

FACULTY

Chair:
Gregory G. Polkowski II, MD, MSc
Co-Chair:
Michael P. Bolognesi, MD

William P. Barrett, MD
Matthew D. Beal, MD
Stefano A. Bini, MD
Michael P. Bolognesi, MD
Antonia F. Chen, MD, MBA
Craig J. Della Valle, MD
Stephen T. Duncan, MD
Thomas K. Fehring, MD
Tad L. Gerlinger, MD
William L. Griffin, MD
Carlos J. Lavernia, MD
Brett R. Levine, MD, MS
Adolph V. Lombardi Jr., MD, FACS
Steven J. MacDonald, MD, FRCS
R. Michael Meneghini, MD
Joseph T. Moskal, MD, FACS
Denis Nam, MD, MSc
Mark W. Pagnano, MD
Wayne G. Paprosky, MD
Gregory G. Polkowski II, MD, MSc
Adam A. Sassoon, MD, MS
Rafael J. Sierra, MD
Scott M. Sporer, MD, MS
Bryan D. Springer, MD
Louis S. Stryker, MD
Jonathan M. Vigdorchik, MD
Lucian C. Warth, MD
Adolph J. Yates Jr., MD, FAOA

...and more announced soon!



FARE CONTINUES STRIDES IN RESEARCH

The Foundation for Arthroplasty Research and Education (FARE) continued to expand as the Research Committee received a record number of applications for FARE grants. FARE will be doubling research grant funding in 2020 with four research grant awards planned. Following is a summary of grants awarded in 2019.

2019 AAHKS SPRING AWARD

\$50,000 Grant Awarded to William J. Long, MD, FRCSC, New York University

Vancomycin Powder and Dilute Povidone Iodine Lavage for Infection Prophylaxis in High Risk Total Joint Arthroplasty: A Randomized Prospective Trial

The goals of this study were to evaluate the effect of povidone iodine lavage and vancomycin powder administered to the local wound after total joint arthroplasty (TJA). The team is investigating the outcomes of combining dilute povidone iodine lavage followed by local wound vancomycin powder for TJA patients at high risk for infection. This study was also selected as the first Tri-Organizational study and awarded additional \$25,000 grants from both The Hip Society and The Knee Society.



IN 2019

2019 AAHKS ANNUAL AWARD

**\$49,935 Grant Awarded to Matthew S. Austin, MD,
Rothman Orthopaedic Institute**

*The Effect of Oral Nutritional Optimization on
Complications Following Total Joint Arthroplasty*

The purpose of this study is to determine the effect of preoperative and postoperative nutritional intervention for nutritionally deficient patients on reducing perioperative complications following TJA. Suboptimal nutritional status has been projected to affect approximately 10-50% of arthroplasty candidates.

Poor nutritional status may increase the risk for delayed wound healing, persistent wound drainage, and other postoperative complications, frequently resulting in suboptimal outcomes and increased resource utilization. This study will be an interventional prospective institutional crossover design study.

JOIN US FOR SPECIALTY DAY IN ORLANDO

Join The Hip Society and The Knee Society, in collaboration with AAHKS, for a focused all-day program covering a wide range of contemporary topics in adult hip arthroplasty. Delivered by world-renowned experts and recognized thought-leaders in the field, the program will offer insights into clinical challenges and research advancements.

Highlights will include award paper presentations and ample time for discussions. Migrate between the hip and the knee sessions and build your own learning experience around the topics and speakers of interest to you. Specialty Day takes place on Saturday, March 28, 2020 in Orlando, Florida. Full details are available at <https://www.aaos.org/specialtyday>.



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HIP AND KNEE SURGEONS



IMPORTANCE OF FOLLOW-UP CARE STRESSED IN NEW PATIENT EDUCATION

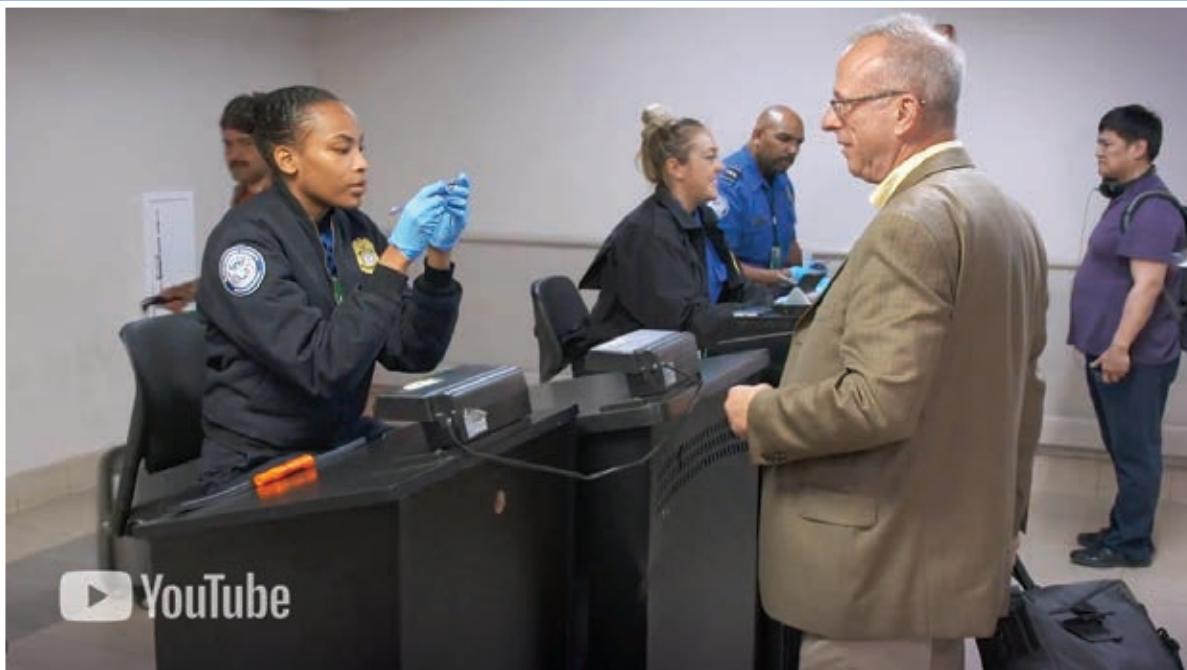
“Many people are unaware that they should follow up with their surgeon as part of the long-term care for joint replacements,” according to a new article in the AAHKS patient education library. The article advises that regular, long-term follow-up care with their surgeon is the best way for patients to get the full benefit of the implant. Simple explanations of wear and tear, the types of revision surgeries and a typical follow-up schedule are included in the article.

Several other new articles written by the AAHKS Patient and Public Relations Committee and reviewed by the AAHKS Evidence Based Medicine Committee have been added to the AAHKS patient education library:

1. Total Joint Replacement: A Breakdown of Costs
2. Choosing the Right Surgeon for You
3. Opioid Use before Hip or Knee Surgery Can Mean Trouble
4. Medical Tourism
5. Traveling after Joint Replacement Surgery
6. How to Get the Most out of Your Joint Replacement
7. A Successful Hip or Knee Surgery Depends on You Quitting Smoking

Please share the website www.AAHKS.org/HipKnee with your patients where they can read these articles, watch videos and more.

The new video from AAHKS on how to easily get through airport security with a metal implant has been trending on the AAHKS YouTube channel.



Put your data to work with RegistryInsights®

The American Academy of Orthopaedic Surgeons' (AAOS) American Joint Replacement Registry (AJRR) has a wealth of data for AAHKS members... 1.7 million hip and knee arthroplasty records... and growing.

Through the AAOS RegistryInsights® platform, participants have access to national reporting and comparison benchmarking for your institution's submitted data. Other reasons to join include:

- Support your quality initiatives including Self-Examination Assessment credit in ABOS' MOC program
- Access to your own Surgeon Dashboards allowing you to put your data to work for you

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