



# AAHKS 20 25 SPRING MEETING

## WELCOME TO THE 2025 AAHKS SPRING MEETING

*May 1-3, 2025  
Hilton Scottsdale Resort & Villas*

# SCHEDULE

### CHAIR

**Leonard T. Buller, MD**

### CO-CHAIR

**Jonathan M. Vigdorichik, MD**

# FACULTY

Matthew P. Abdel, MD  
Muyibat A. Adelani, MD  
Nicholas A. Bedard, MD  
Jaime L. Bellamy, DO, MS  
Jenna A. Bernstein, MD  
Michael P. Bolognesi, MD  
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Steven M. Engstrom, MD  
Yale A. Fillingham, MD  
Kevin B. Fricka, MD  
Humberto Gonzalez Ugalde, MD  
George N. Guild III, MD  
Charles P. Hannon, MD, MBA  
Victor H. Hernandez, MD, MS  
James I. Huddleston III, MD

Rina Jain, MD, FRCSC  
David C. Landy, MD, PhD  
Brett R. Levine, MD, MS  
Jay R. Lieberman, MD  
Zachary C. Lum, DO  
Craig R. Mahoney, MD  
David W. Manning, MD  
J. Ryan Martin, MD  
R. Michael Meneghini, MD  
Zulenice Monagas, MD  
Adam A. Sassoon, MD, MS  
Ran Schwarzkopf, MD, MSc  
Sandro Sloboda, MD  
James D. Slover, MD, MS  
Kevin A. Sonn, MD  
Scott M. Sporer, MD, MS  
Robert S. Sterling, MD  
Benjamin M. Stronach, MD, MS  
Linda I. Suleiman, MD  
Kim K. Tucker, MD  
Jesse I. Wolfstadt, MD, MSc, FRCSC

# EDUCATION

## SCOPE

Practicing orthopaedic surgeons must periodically update their knowledge according to the most recent clinical research. In addition, reviewing, analyzing and discussing evidence-based practices, emerging practice trends and patient outcomes provides an opportunity to raise the overall surgeon competence in hip and knee condition management. This meeting is intended to equip practicing orthopaedic surgeons with state-of-the art information and cutting-edge strategies to enhance overall surgeon competence related to the care of patients with arthritis and degenerative disease. It combines general and breakout sessions, emphasizing case-based learning in a small group setting for the most effective results.

## OBJECTIVES

The objectives below will be presented to learners by AAHKS and have been framed in terms of physician change or health status improvement, in keeping with our CME mission.

- I. Analyze total hip and knee arthroplasty cases.
- II. Investigate the patterns contributing to effective total hip and knee primary arthroplasty and revision.
- III. Determine the strategies contributing to optimal perioperative and postoperative care, including complication management.

## ACCREDITATION AND CME CREDIT



The American Association of Hip and Knee Surgeons (AAHKS) is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The American Association of Hip and Knee Surgeons (AAHKS) designates this live activity for a maximum of *15.5 AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

## DISCLOSURES

Many healthcare professionals have financial relationships with ineligible companies. These relationships must not be allowed to influence accredited continuing education. AAHKS is responsible for identifying relevant financial relationships between individuals in control of educational content and ineligible companies and managing these to ensure they do not introduce commercial bias into the education. Financial relationships of any dollar amount are defined as relevant if the educational content is related to the business lines or products of the ineligible company.

**Definition of ineligible company:** Those companies whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients. Examples of such organizations include:

- Advertising, marketing, or communication firms whose clients are ineligible companies.
- Bio-medical startups that have begun a governmental regulatory approval process.
- Compounding pharmacies that manufacture proprietary compounds
- Device manufacturers or distributors
- Diagnostic labs that sell proprietary products
- Growers, distributors, manufacturers or sellers of medical foods and dietary supplements
- Manufacturers of health-related wearable products
- Pharmaceutical companies or distributors
- Pharmacy benefit managers
- Reagent manufacturers or sellers

**NOTE: Relevant financial relationships have been mitigated. Disclosure information for all planners, presenters, faculty, and other contributors are listed after the agenda and posted on the AAHKS Spring Meeting webpage.**

## MOBILE APP



Scan the QR code to download the AAHKS Mobile App and **use the passphrase aahksspring2025** to access the app content. **You will also need your AAHKS username and password** to log into the app. Contact [meeting@aaahks.org](mailto:meeting@aaahks.org) for assistance with logging in.

**PASSPHRASE: AAHKSSpring2025**

## SCHEDULE

**THURSDAY, MAY 1, 2025**

TIME	TOPIC	SPEAKER / LOCATION
3:00 p.m. – 7:30 p.m.	<b>Registration Open</b>	Grand Ballroom, Salon 1
4:00 p.m. – 5:30 p.m.	<b>International Session   How Do We Treat PJI in My Country: Patient, Surgeon and Health System</b> <i>Each panelist will present on how PJI treatment is structured in their country, including:</i> <ul style="list-style-type: none"> <li>• <i>The role of the health system (government regulations, payers, insurance coverage)</i></li> <li>• <i>Cost and accessibility (how much PJI treatment costs, who pays for it, prosthesis coverage)</i></li> <li>• <i>Treatment protocols (surgical and non-surgical approaches, infection control strategies)</i></li> <li>• <i>Hospital stays and recovery (length of stay, infectious disease specialist, barriers to implementation)</i></li> </ul>	Sonora C-D <b>Moderator:</b> <b>Victor H. Hernandez, MD, MS</b> Faculty: Roberto Civinini, MD (Italy) Humberto Gonzalez Ugalde, MD (Mexico) Zulenice Monagas, MD (Venezuela) Sandro Sloboda, MD (Brazil) Linda I. Suleiman, MD (Tanzania)
5:00 p.m. – 6:00 p.m.	<b>Young Arthroplasty Group (YAG) Reception and Exhibits Open</b>	Grand Ballroom, Salon 1
6:00 p.m. – 7:30 p.m.	<b>Welcome Reception for All Attendees and Exhibits Open</b>	Grand Ballroom, Salon 1

## FRIDAY, MAY 2, 2025

TIME	TOPIC	SPEAKER / LOCATION
6:30 a.m. – 6:30 p.m.	<b>Registration Open</b>	Grand Ballroom, Salon 1
6:45 a.m. – 7:20 a.m.	<b>Breakfast and Exhibits Open</b>	Sierra Loggia & Grand Ballroom, Salon 1
7:20 a.m. – 4:45 p.m.	<b>General Session Day One</b>	Grand Ballroom, Salon 2-4
7:20 a.m. – 7:30 a.m.	<b>Welcome to the 2025 AAHKS Spring Meeting</b>	James I. Huddleston III, MD Immediate Past President
7:30 a.m. – 8:30 a.m.	<b>Symposium I: Current Controversies in TKA</b> <ol style="list-style-type: none"> <li>I. Alignment in 2025: More than Just the Coronal Plane</li> <li>II. Cementless Fixation: What Matters Most?</li> <li>III. Why I Think a Tourniquet Should Not Be Used for Most Knees</li> <li>IV. Avoiding Patellar Resurfacing: How and Why I Try to "Save the Kneecap"</li> <li>V. Panel Discussion</li> </ol>	<b>Moderator:</b> <b>James I. Huddleston III, MD</b> R. Michael Meneghini, MD Steven M. Engstrom, MD Ran Schwarzkopf, MD, MSc Charles P. Hannon, MD, MBA All faculty

8:30 a.m. – 9:50 a.m.	<b>Ask the Experts: Primary TKA</b> <i>Complex primary cases will be presented, with the moderator ensuring ample input from the audience.</i>	<b>Moderator:</b> <b>R. Michael Meneghini, MD</b> Jaime L. Bellamy, DO, MS Jenna A. Bernstein, MD Michael P. Bolognesi, MD Zachary C. Lum, DO James D. Slover, MD, MS Kim K. Tucker, MD
9:50 a.m. – 10:10 a.m.	<b>Break and Exhibits Open</b>	Grand Ballroom, Salon 1
10:10 a.m. – 11:10 a.m.	<b>Symposium II: Periprosthetic Joint Infection</b>  I. Irrigation Solutions: What Should I Use? II. Debridement with Antibiotics and Implant Retention: Single vs. Double III. Single-Stage Exchange: Practical Tips to Improve Efficiency IV. Two-Stage Exchange: Surgical Tips for Success V. Destination Spacer: The Worst of Both Worlds? VI. Discussion	<b>Moderator:</b> <b>Matthew P. Abdel, MD</b> Antonia F. Chen, MD, MBA Linda I. Suleiman, MD  Yale A. Fillingham, MD  Benjamin M. Stronach, MD, MS Matthew P. Abdel, MD All faculty
11:10 a.m. – 12:00 p.m.	<b>Quick Hitters: “Look at Me Go!” Panel</b>  I. Cementless TKA: Surgical Tips for Success II. Unresurfaced Patella: Don't Just Leave It, Treat It III. Five Tips to Prevent Hip Instability IV. Cost-Efficient Intraosseous Vancomycin Injection V. Impaction Bone Grafting in Revision TKA Made Easy VI. Sleep, or Lack Thereof, Following TJA	<b>Moderator:</b> <b>Leonard T. Buller, MD</b> R. Michael Meneghini, MD Charles P. Hannon, MD, MBA Jay R. Lieberman, MD David C. Landy, MD, PhD Nicholas A. Bedard, MD Christopher F. Deans, MD
12:00 p.m. – 12:50 p.m.	<b>Lunch and Exhibits Open</b>	Sierra Loggia & Grand Ballroom, Salon 1
12:50 p.m. – 1:50 p.m.	<b>Symposium III: Current Controversies in Primary THA</b>  I. Collared Cementless Stems Should Be Used for Everyone II. Cemented Stems Still Have a Role: How and Why I Still Utilize Cement in THA III. Teach Us How to Do a Hip Replacement without Technology: Getting the Implants in Well, Determining Leg Lengths and Stability IV. How I Use Imaging and Automated Broach Impactors During THA V. Acetabular Reconstruction in the Deficient Acetabulum During Complex Primary THA VI. Discussion	<b>Moderator:</b> <b>Cory L. Calendine, MD</b> J. Ryan Martin, MD  Anna R. Cohen-Rosenblum, MD, MSc Kevin A. Sonn, MD  Victor H. Hernandez, MD, MS  Christopher F. Deans, MD  All faculty
1:50 p.m. – 3:10 p.m.	<b>Ask the Experts: Primary THA</b> <i>Complex primary cases will be presented, with the moderator ensuring ample input from the audience.</i>	<b>Moderator:</b> <b>Charles P. Hannon, MD, MBA</b> Muyibat A. Adelani, MD

		Justin T. Deen, MD, MBA Rina Jain, MD, FRCSC Jay R. Lieberman, MD Adam A. Sassoon, MD, MS
3:10 p.m. – 3:30 p.m.	<b>Break and Exhibits Open</b>	Grand Ballroom, Salon 1
3:30 p.m. – 4:40 p.m.	<b>Symposium IV: The Range of Knee Articulations: How and When We Use Them</b> <ol style="list-style-type: none"> <li>I. A Primer on Knee Kinematics for the Practicing Arthroplasty Surgeon</li> <li>II. Unicondylar Knee Arthroplasty: Indications and Helpful Techniques</li> <li>III. Conforming Bearings: How Do These Work? What Are the Kinematic Differences Between Medial Pivot, Ultra-Congruent and Stabilized Options?</li> <li>IV. Varus/Valgus Constrained Implants: When Should We Use Them in Primaries? Should We Use Them for All Revisions?</li> <li>V. Hinge Knee Replacement: Design Features and Long-Term Outcomes</li> <li>VI. Discussion</li> </ol>	<b>Moderator:</b> <b>Ran Schwarzkopf, MD, MSc</b> David C. Landy, MD, PhD  Kevin B. Fricka, MD  David W. Manning, MD  Robert S. Sterling, MD  Brian P. Chalmers, MD  All faculty
4:40 p.m. – 4:45 p.m.	<b>Closing Remarks</b>	Leonard T. Buller, MD
5:30 p.m. – 6:30 p.m.	<b>Reception for All Attendees and Exhibits Open</b>	Grand Ballroom, Salon 1

## SATURDAY, MAY 3, 2025

TIME	TOPIC	SPEAKER / LOCATION
6:15 a.m. – 10:00 a.m.	<b>Registration Open</b>	Grand Ballroom, Salon 1
6:15 a.m. – 6:50 a.m.	<b>Breakfast and Exhibits Open</b>	Sierra Loggia & Grand Ballroom, Salon 1
6:50 a.m. – 12:00 p.m.	<b>General Session Day Two</b>	Grand Ballroom, Salon 2-4
6:50 a.m. – 6:55 a.m.	<b>Welcome</b>	Leonard T. Buller, MD
6:55 a.m. – 7:00 a.m.	<b>AAHKS FARE Grant Presentation</b>	Ran Schwarzkopf, MD, MSc
7:00 a.m. – 7:05 a.m.	<b>American Joint Replacement Registry (AJRR) Update</b>	James I. Huddleston III, MD
7:05 a.m. – 8:00 a.m.	<b>Symposium V: Surgical Approaches in THA: Video-Based Tips</b> <ol style="list-style-type: none"> <li>I. Introduction</li> </ol>	<b>Moderator:</b> <b>Antonia F. Chen, MD, MBA</b> Antonia F. Chen, MD, MBA

	<ul style="list-style-type: none"> <li>II. What Do the Data Suggest We Tell Patients Are the Real Pros and Cons of All These Hip Approaches?</li> <li>III. Direct Anterior</li> <li>IV. Posterior</li> <li>V. Extensile Approach - Direct Anterior</li> <li>VI. Extensile Approach – Posterior</li> <li>VII. Discussion</li> </ul>	<p>Stephen M. Engstrom, MD</p> <p>Antonia F. Chen, MD, MBA  Michael P. Bolognesi, MD  George N. Guild III, MD  Adam A. Sassoon, MD, MS  All faculty</p>
8:00 a.m. – 9:20 a.m.	<b>Breakout 1: Revision THA</b>	<b>Breakout group rooms:</b> Sonora A, B, C & D
9:20 a.m. – 9:40 a.m.	<b>Break and Exhibits Open</b>	Sierra Loggia & Grand Ballroom, Salon 1
9:40 a.m. – 10:40 a.m.	<b>Symposium VI: Controversies in Revision TKA</b> <ul style="list-style-type: none"> <li>I. Hybrid Fixation vs. Short Cemented Stem</li> <li>II. Tibial Metaphyseal Fixation</li> <li>III. Femoral Metaphyseal Fixation: How and When I Utilize It in My Revisions</li> <li>IV. ORIF vs. DFR For Distal Femur Periprosthetic Fractures</li> <li>V. Tips and Tricks for a Durable Distal Femur Replacement: Fixation and Patellofemoral Tracking</li> <li>VI. Discussion</li> </ul>	<p><b>Moderator:</b>  <b>Brett R. Levine, MD, MS</b>  Nicholas A. Bedard, MD  Craig R. Mahoney, MD  Scott M. Sporer, MD, MS</p> <p>Jesse I. Wolfstadt, MD, MSc, FRCS  Brian P. Chalmers, MD  All faculty</p>
10:40 a.m. – 12:00 p.m.	<b>Breakout 2: Revision TKA</b>	<b>Breakout group rooms:</b> Sonora A, B, C & D
12:00 p.m.	<b>Closing Remarks and Adjourn</b>	Leonard T. Buller, MD



**Thank you for participating in the 2025 AAHKS Spring Meeting!**

**After the meeting concludes, you will receive an email and an app notification asking you to complete the post-meeting evaluation. Once completed, you will be redirected to claim CME credit. You may also claim CME credit by logging into the AAHKS Member Portal website.**