



EDUCATIONAL ACTIVITY SCOPE

Practicing orthopaedic surgeons must periodically update their knowledge according to the most recent clinical research. In addition, reviewing, analyzing and discussing evidence-based practices, emerging practice trends and patient outcomes provides an opportunity to raise the overall surgeons' competence in hip and knee condition management. The 2026 AAHKS Spring Meeting is intended to equip practicing orthopaedic surgeons with state-of-the-art information and cutting-edge strategies to enhance overall surgeon competence related to the care of patients with arthritis and degenerative disease. It emphasizes case-based learning in a small group setting, i.e. Ask the Experts case sessions and surgical video sessions. Further, it includes a parallel track that addresses the learning needs of arthroplasty surgeons in training through early practice. The young surgeon track provides a comprehensive overview of the transition from training to practice in multiple settings, creating career longevity, understanding business models and leadership in arthroplasty.

OBJECTIVES

Upon completion of this educational activity, participants will be able to:

- Analyze total hip and knee arthroplasty cases.
- Investigate the patterns contributing to effective total hip and knee primary arthroplasty and revision.
- Determine the strategies contributing to optimal perioperative and postoperative care, including complication management.
- Review the key elements of the business of joint replacement and successful career (i.e., practice management, legal and financial essentials, ASC).
- Review the basics of surgeon wellness.
- Engage in mentorship opportunities.

ACCREDITATION AND CME CREDIT

The American Association of Hip and Knee Surgeons (AAHKS) is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

AAHKS designates this live activity for a maximum of **15.5 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

CLAIM CME CREDIT

Following the Spring Meeting, CME credit will be available to claim in your AAHKS Member Account. It is the meeting attendee's responsibility to claim credits based on the hour-for-hour participation in the educational activity.

DISCLAIMER

The material presented at this 2026 Spring Meeting has been made available by AAHKS for educational purposes only. This content is not intended to represent the only method or practice appropriate for the medical situations discussed; it is intended to present a balanced and scientifically sound view, approach, statement or opinion of the faculty, which may be helpful to others who face similar situations, or afford a forum to discuss, debate and explore new and evolving topics. The presentation of topics and any data about clinical practices should not be interpreted as advocating for, or promoting, practices that are not, or not yet adequately based on current science, evidence and clinical reasoning.

FDA STATEMENT

Some pharmaceuticals and/or medical devices demonstrated or discussed at the Annual Meeting have not been cleared by the US Food and Drug Administration (FDA) or have been cleared by the FDA for specific purposes only. The FDA has stated that it is the responsibility of the physician to determine the FDA clearance status of each pharmaceutical and/or medical device they wish to use in clinical practice. The AAHKS policy provides that "off label" status of the device or pharmaceutical is also specifically disclosed (i.e. that the FDA has not approved labeling the

device for the described purpose). Any device or pharmaceutical is being used “off label” if the described use is not set forth on the product’s approved label.

DISCLOSURE

Many health care professionals have financial relationships with ineligible companies. These relationships must not be allowed to influence accredited continuing education. AAHKS is responsible for identifying relevant financial relationships between individuals in control of educational content and ineligible companies and managing these to ensure they do not introduce commercial bias into education. Financial relationships of any dollar amount are defined as relevant if the educational content is related to the business lines or products of the ineligible company.

Definition of ineligible company: Those companies whose primary business is producing, marketing, selling, re-selling or distributing healthcare products used by or on patients. Examples of such organizations include:

- Advertising, marketing or communication firms whose clients are ineligible companies.
- Biomedical startups that have begun a governmental regulatory approval process.
- Compounding pharmacies that manufacture proprietary compounds.
- Device manufacturers or distributors.
- Diagnostic labs that sell proprietary products.
- Growers, distributors, manufacturers or sellers of medical foods and dietary supplements.
- Manufacturers of health-related wearable products, pharmaceutical companies or distributors.
- Pharmaceutical companies or distributors.
- Pharmacy benefit managers Reagent manufacturers or sellers

NOTE: Relevant financial relationships have been mitigated. Disclosure information for all planners, presenters, faculty and other contributors is posted at AAHKS.org.

SCHEDULE

THURSDAY, APRIL 30		
3:00 p.m. – 7:30 p.m.	Registration Open	<i>Atlantic Ballroom Foyer</i>
4:00 p.m. – 5:30 p.m.	International Session Surgeon Burnout, Its Epidemiology and Potential Approaches to Mitigate It: A Global Perspective <i>The session will focus on discussing the current epidemiology of surgeon burnout in different countries; different strategies to recognize this problem and how to address it; and opportunities and concrete strategies to decrease the impact of burnout and prevent it.</i>	<i>Pacific Ballroom</i> Moderator: Carlos A. Higuera-Rueda, MD Chair, International Committee Faculty: Anna R. Cohen-Rosenblum, MD, MSc Peter A. Gold, MD Elizabeth G. Lieberman, MD Ahmed Nouh, MD (Egypt) Vishnu K. Senthil, MBBS (India)
5:00 p.m. – 6:00 p.m.	Young Arthroplasty Group (YAG) Reception	<i>Atlantic Ballroom Foyer</i>
6:00 p.m. – 7:30 p.m.	Welcome Reception for All Attendees	<i>Atlantic Ballroom Foyer</i>

SCHEDULE

MAIN TRACK | FRIDAY, MAY 1

6:30 A.M. – 1:00 P.M.

Designed for actively practicing arthroplasty surgeons, the Symposia cover the latest innovations, emerging research and practical knowledge you can take back to your practice, presented through didactic sessions and small-group discussion.

6:30 a.m. – 6:30 p.m.	Registration Open	<i>Atlantic Ballroom Foyer</i>
6:30 a.m. – 7:00 a.m.	Breakfast and Exhibits Open	<i>Atlantic Ballroom Foyer</i>
7:00 a.m. – 7:25 a.m.	Welcome to the 2026 AAHKS Spring Meeting <i>An organizational map of AAHKS with leadership goals.</i>	Leonard T. Buller, MD
7:25 a.m. – 7:30 a.m.	Transition to Dual Tracks <i>Arthroplasty surgeons in training and those interested will move to the Atlantic E. Main Track attendees will remain in the same room.</i>	Main Track: Atlantic CD Young Surgeon Track: Atlantic E
7:30 a.m. – 8:45 a.m.	Symposium I Primary TKA in 2026: Evidence, Evolution and Ongoing Debate I. Alignment in TKA Revisited: Preoperative Assessment Beyond Radiographs, Including Gait Analysis II. Kinematic Alignment: For Everyone—or Just the Right Patient? III. The Unresurfaced Patella: When, Why and How IV. Cementless TKA: Indications, Outcomes and Patient Selection V. The Lateral Unicompartmental Knee: Why It Works—and When It Fails VI. Panel Discussion: Primary TKA in Practice—Where We Agree and Where Don't We	Gregory G. Polkowski II, MD, MSc, Moderator R. Michael Meneghini, MD Zachary C. Lum, DO Charles P. Hannon, MD, MBA Denis Nam, MD, MSc Brian C. Fuller, MD All faculty
8:45 a.m. – 10:10 a.m.	Symposium II Primary THA in 2026: Approaches, Technology and Ongoing Debate I. Direct Anterior THA With Fluoroscopy: Does Technology Improve Accuracy and Outcomes? II. Low-Tech Anterior THA: Is Simplicity Still Enough? III. Large Femoral Heads via the Posterior Approach: Optimizing Stability in the ASC Setting IV. Posterior THA With 3D Planning: Addressing the Hip–Spine Relationship V. Modern Femoral Fixation: Do Triple-Taper, Collared Stems Eliminate the Need for Cement? VI. Cemented Fixation Still Has a Role: How and When I Choose Cement VII. Panel Discussion: Primary THA in Practice—Where We Agree, and Where We Don't	Linda I. Suleiman, MD, Moderator Cameron K. Ledford, MD David W. Manning, MD Gregory G. Polkowski II, MD, MSc Josef E. Jolissaint, MD Brian C. Fuller, MD Anna R. Cohen-Rosenblum, MD, MSc All faculty
10:10 a.m. – 10:30 a.m.	Break and Exhibits Open <i>Refreshments served in the Exhibit Hall.</i>	<i>Atlantic Ballroom Foyer</i>
10:30 a.m. – 11:50 a.m.	Symposium III Periprosthetic Joint Infection: Evidence, Technique and Ongoing Debate I. The “Ideal” DAIR: Surgical Principles and When to Consider Repeat DAIR	Matthew P. Abdel, MD, Moderator Kwan “Kevin” J. Park, MD

	II. Irrigation in PJI Surgery: Solutions Supported by Evidence III. Double Draping in Knee PJI: Technique, Rationale and Practical Implementation IV. Intraosseous Vancomycin: How, When, Why V. Practically Choosing the Right Single-Stage Patient: How to Know When It Is Right for Your Patient VI. Achieving a Functional Spacer: Principles, Fixation, Stability and Postoperative Function VII. Discussion: Managing PJI in Practice—Where Consensus Ends and Judgment Begins	Rina Jain, MD, FRCSC Adam I. Edelstein, MD Katherine E. Mallett, MD Charles P. Hannon, MD, MBA Kevin A. Sonn, MD All faculty
11:50 a.m. – 1:00 p.m.	Lunch and Exhibits Open	<i>Atlantic Ballroom Foyer</i>

YOUNG SURGEON TRACK SCHEDULE

YOUNG SURGEON TRACK | FRIDAY, MAY 1

“FROM FELLOWSHIP TO FINANCIAL FLUENCY: BUILDING A SUSTAINABLE ARTHROPLASTY CAREER”

6:30 A.M. – 1:00 P.M.

Friday's optional young surgeon track is intended for current fellows, residents and new-to-practice surgeons. It provides a comprehensive overview of the transition from training to practice in multiple settings, creating career longevity, understanding business models and leadership in arthroplasty.

6:30 a.m. – 6:30 p.m.	Registration Open	<i>Atlantic Ballroom Foyer</i>
6:45 a.m. – 7:00 a.m.	Breakfast and Exhibits Open	<i>Atlantic Ballroom Foyer</i>
7:00 a.m. – 7:25 a.m.	Welcome to the 2026 AAHKS Spring Meeting <i>An organizational map of AAHKS with leadership goals.</i>	Leonard T. Buller, MD
7:25 a.m. – 7:30 a.m.	Transition to Dual Tracks <i>Arthroplasty surgeons in training and those interested will move to the Young Surgeon Track room. Main Track attendees will remain in the same room.</i>	Main Track: Atlantic CD Young Surgeon Track: Atlantic E
7:30 a.m. – 8:35 a.m.	Symposium 1 From Fellowship to Flourishing Practice - Practice Models in 2026: What Your Future Job Will Really Look Like—and How to Negotiate It - Marketing Yourself as a New Surgeon: Building Your Brand Without Burning Bridges - What Kind of Surgeon do You Want to Be? Defining Your Practice, Case Selection, Boundaries and Referral Relationships - Owning Complications: Learning Effectively, Reflecting Productively and Moving Forward - Part II of the Boards: What to Do on Day One to Set Yourself Up for Success - Panel Discussion	Vivek M. Shah, MD, Moderator David C. Landy, MD, PhD Cory L. Calendine, MD James B. Chen, MD Rina Jain MD, FRCSC William G. Hamilton, MD All faculty
8:35 a.m. – 9:50 a.m.	Symposium 2 Getting Paid: How Money Really Moves in Modern Practice - Who's Paying the Bill—and Why It Takes So Long: Understanding HMOs, PPOs, Medicare, Medicaid and Medicare Advantage - Following the Money: From First Clinic Visit Through the 90-Day Postoperative Episode - Facility Economics Explained: How Hospitals and ASCs Get Paid—and Why It Matters to You - Compensation Models Demystified: Collections, RVUs, and Salary—Choosing What Works for You	Joshua C. Rozell, MD Moderator George N. Guild, MD E. Bailey Terhune, MD Elizabeth G. Lieberman, MD Joshua C. Rozell, MD

	V. Surgical Coding and Billing 201: ICD-10s, CPTs and Modifiers You Will Actually Use VI. Office-Based E/M Coding: Optimizing Efficiency While Remaining Audit-Ready VII. Panel Discussion	Nana O. Sarpong, MD, MBA Peter A. Gold, MD All faculty
9:50 a.m. – 10:55 a.m.	Symposium 3 Ancillaries and Fiscal Responsibility: Building a Sustainable Career I. Inside My Private Practice Quarterly Statement: Understanding Income, Overhead, Ancillaries, Buy-In, and Financial Performance II. The Employed Surgeon Path: Stability, Structure, and Financial Reality III. Income Beyond Direct Patient Care: Medical-Legal Work, IMEs, and Workers' Compensation IV. Protecting What You Build: Life, Disability, and Practice Insurance V. Career-Shaping Financial Choices: Work and Earn More or Live More Now? Balancing Income, Time, and Lifestyle VI. Engaging Industry Thoughtfully: When It's Worth Saying Yes VII. Panel Discussion	Mark E. Mildren, MD, Moderator George N. Guild, MD Cameron K. Ledford, MD T. David Luo, MD, PhD Zachary C. Lum, DO Sara S. Wallace, MD, MPH Vivek M. Shah, MD All faculty
10:55 a.m. – 11:05 a.m.	Break and Transfer to Symposium IV <i>Refreshments available in Foyer</i>	<i>Atlantic E</i>
11:05 a.m. – 12:10 p.m.	Symposium 4 OPTION 1 – Longevity, Resilience and Joy in Arthroplasty: Sustaining Performance, Purpose and Well-Being Over a Career <i>This interactive, surgeon-led session focuses on practical mental and physical recovery strategies tailored to the realities of arthroplasty practice. Participants will learn brief, realistic techniques for micro-recovery between cases, maintaining focus under pressure and managing cumulative physical and mental fatigue. The session emphasizes sustainable habits that support posture, performance and long-term career satisfaction—without adding time or complexity to the workday.</i>	<i>Atlantic E</i> Elizabeth G. Lieberman, MD, Moderator Faculty: Antonia F. Chen, MD, MBA Peter A. Gold, MD Carlos A. Higuera-Rueda, MD David C. Landy, MD, PhD Zachary C. Lum, DO Katherine E. Mallett, MD Kwan "Kevin" J. Park, MD Adam A. Sassoon, MD, MS Linda I. Suleiman, MD Kim K. Tucker, MD
11:05 a.m. – 12:10 p.m.	Symposium 4 OPTION 2 – Speed Mentoring: Building Cross-Generational Leadership in Arthroplasty <i>This interactive session offers a structured alternative to traditional speed networking by pairing senior and early-career arthroplasty surgeons in brief, focused conversations. The goal is to deepen connections across career stages, promote meaningful cross-generational dialogue and support shared professional growth within the AAHKS and Young Arthroplasty Group communities. The session emphasizes bidirectional mentorship, effective communication and reflective listening as core leadership competencies, with the goal of strengthening engagement, succession planning and long-term organizational vitality.</i>	<i>Baltic/Bering</i> R. Michael Meneghini, MD, Moderator Senior Faculty: Kevin B. Fricka, MD William G. Hamilton, MD Gregory G. Polkowski II, MD, MSc Ran Schwarzkopf, MD, MSc Rafael J. Sierra, MD
12:10 p.m. – 1:00 p.m.	Lunch and Exhibits Open <i>After lunch, young surgeon track participants will rejoin the main track for the remainder of the meeting.</i>	<i>Atlantic Ballroom Foyer</i>

COMBINED SCHEDULE

FRIDAY, MAY 1

1:00 P.M. – 4:50 P.M.

After lunch, the main track and young surgeon tracks rejoin into a single track in Atlantic CD for the remainder of the meeting.

1:00 p.m. – 2:00 p.m.	Ask the Experts Primary TKA: Interactive Case-Based Decision-Making Audience engagement through live polling, surgical videos and expert discussion. I. Case 1: Primary TKA for Varus Knee Deformity in a Young Patient a. Key focus: Fixation strategy and patellar management II. Case 2: Primary TKA for Valgus Knee with Questionable Medial Endpoint (Focus on Articulation) a. Key focus: Soft-tissue balance and articulation strategy III. Case 3: Primary TKA for Post-traumatic Arthritis with Existing Hardware a. Key focus: Exposure, hardware management and implant selection IV. Case 4: Primary TKA with Severe Patella Baja a. Key focus: Extensor mechanism protection V. Case 5: Primary TKA with Neuromuscular Disease Requiring Primary Hinge a. Key focus: Indications for constraint and use of a primary hinge VI. Case 6: Primary TKA with Previous Septic Native Knee a. Key focus: Risk stratification, timing and implant considerations	Atlantic CD Kevin A. Sonn, MD, Moderator Kim K. Tucker, MD Joshua C. Rozell, MD Kevin A. Sonn, MD Kwan "Kevin" J. Park, MD Katherine E. Mallett, MD Adam A. Sassoon, MD, MS
2:00 p.m. – 3:10 p.m.	Ask the Experts Challenging Primary THA Cases: An Interactive Panel Audience engagement through live polling, surgical videos and expert discussion. I. Case 1: Primary THA for Osteoarthritis Complicated by Intraoperative Calcar Fracture II. Case 2: Primary THA for Developmental Dysplasia of the Hip (Crowe II–III) III. Case 3: Primary THA for Severe Dysplasia of the Hip (Crowe IV) IV. Case 4: Primary THA for Post-Traumatic Arthritis with Retained Femoral Hardware (Blade Plate or Nail) V. Case 5: Primary THA for Geriatric Femoral Neck Fracture: Cemented Stem Considerations VI. Case 6: Primary THA for Post-Traumatic Arthritis with Retained Acetabular Hardware	Rafael J. Sierra, MD, Moderator Adam A. Sassoon, MD, MS Rafael J. Sierra, MD David W. Manning, MD Nana O. Sarpong, MD, MBA Zachary C. Lum, DO Mark E. Mildren, MD
3:10 p.m. – 3:30 p.m.	Break and Exhibits Open	Atlantic Ballroom Foyer

	<i>Refreshments served in Exhibit Hall</i>	
3:30 p.m. – 4:40 p.m.	Symposium IV The Surgeon as a System — Longevity, Leadership and Career Design I. Cognitive Load, Burnout and Performance in High-Volume Practice II. Leadership Primer: Establishing Yourself as a Good Leader III. Leadership Pathways in AAHKS: From Committee to Board IV. Aligning Career Choices with Life Stages V. Mentorship as a Two-Way Investment VI. Panel Discussion: Designing a Career You Can Sustain—and Be Proud Of	Antonia F. Chen, MD, MBA, Moderator Antonia F. Chen, MD, MBA Joshua C. Rozell, MD Rafael J. Sierra, MD Gregory G. Polkowski II, MD, MSc R. Michael Meneghini, MD All faculty
4:40 p.m. – 4:50 p.m.	Closing Remarks	Leonard T. Buller, MD
5:30 p.m. – 6:30 p.m.	Reception for All Attendees	<i>Atlantic Ballroom Foyer</i>

COMBINED TRACK | SATURDAY, MAY 2

6:50 A.M. – 11:50 A.M.

6:15 a.m. – 10:00 a.m.	Registration Open	<i>Atlantic Ballroom Foyer</i>
6:15 a.m. – 6:50 a.m.	Breakfast and Exhibits Open	<i>Atlantic Ballroom Foyer</i>
6:50 a.m. – 6:55 a.m.	Welcome	<i>Atlantic CD</i> Leonard T. Buller, MD
6:55 a.m. – 7:00 a.m.	Foundation for Arthroplasty Research and Education (FARE) Grant Award Presentation	Thorston M. Seyler, MD, PhD
7:00 a.m. – 7:05 a.m.	American Joint Replacement Registry (AJRR) Update	Recorded message from AJRR Chair James I. Huddleston II, MD
7:05 a.m. – 8:10 a.m.	Ask the Experts Revision TKA: Advanced Decision-Making in Complex Cases <i>Audience engagement through case-based discussion, surgical strategy and expert insight.</i> I. Case 1: Revision TKA for Polyethylene Wear and Aseptic Loosening a. Key focus: Indications for full component revision and rationale for tibial and femoral cones II. Case 2: Revision TKA Preoperative Planning a. Key focus: Walking through strategy, sequencing and contingency planning before the first incision III. Case 3: TKA Implant Exposure and Removal a. Key focus: Safe exposure and implant removal with videos IV. Case 4: Revision TKA for Severe Arthrofibrosis	Antonia F. Chen, MD, MBA Moderator Leonard T. Buller, MD Thorsten M. Seyler, MD, PhD Linda I. Suleiman, MD Katherine E. Mallett, MD

	a. <i>Key focus: Femoral peel technique, indications for hinge use and postoperative rehabilitation protocols</i> V. Case 5: Revision TKA for Periprosthetic Femoral Fracture a. <i>Key focus: Indications, technique and outcomes of distal femoral replacement</i>	Peter A. Gold, MD
8:10 a.m. – 9:20 a.m.	Symposium V Outpatient Arthroplasty: How Far Can—and Should—we Go? I. ASC Candidacy in Arthroplasty: Patient Selection Beyond “Cleared for Surgery” II. Optimizing Efficiency for Outpatient Revisions in the Hospital Setting III. The Economics of Outpatient Revision Arthroplasty: ASC Perspectives and Practical Realities IV. Building the Outpatient Arthroplasty Team: Staffing Models, Culture and Training for High-Reliability ASCs V. Safety and Risk Management in the ASC: Protocols for Complications, Transfers and Unplanned Admissions VI. Discussion	Craig J. Della Valle, MD, Moderator Gregory G. Polkowski II, MD, MSc Cameron K. Ledford, MD R. Michael Meneghini, MD William G. Hamilton, MD Peter A. Gold, MD All faculty
9:20 a.m. – 9:40 a.m.	Break and Exhibits Open <i>Refreshments served in Exhibit Hall</i>	<i>Atlantic Ballroom Foyer</i>
9:40 a.m. – 10:50 a.m.	Ask the Experts Revision THA: Complex Femoral and Acetabular Reconstruction <i>Audience engagement through case-based discussion, surgical video and expert strategy.</i> I. Case 1: Revision Femur a. <i>Key focus: Monoblock vs. modular reconstruction—indications, trade-offs and fixation strategy</i> II. Case 2: Femoral Component Revision Using Extended Trochanteric Osteotomy (ETO) a. <i>Key focus: Technique selection and execution— anterior “inside-out” vs. posterior approaches</i> III. Case 3: Revision THA for Recurrent Instability a. <i>Key focus: Intraoperative workflow to achieve stability—diagnostic sequence, decision points and reconstruction options</i> IV. Case 4: Both-Component Revision a. <i>Key focus: Efficient, safe removal strategies— Watson femoral extraction and automated acetabular extraction techniques</i> V. Case 5: Acetabular Revision with Cup-Cage for Acute Pelvic Discontinuity (Post-Traumatic) a. <i>Key focus: Step-by-step surgical strategy, fixation principles and technical pearls</i> VI. Case 6: Custom Triflange Reconstruction for Acetabular Bone Loss a. <i>Key focus: Preoperative planning, implant design considerations and execution strategy</i>	Leonard T. Buller, MD, Moderator Josef E. Jolissaint, MD Thorsten M. Seyler, MD, PhD Anna R. Cohen-Rosenblum, MD, MSc Nana O. Sarpong, MD, MBA Cameron K. Ledford, MD R. Michael Meneghini, MD
10:50 a.m. – 12:00 p.m.	Rapid Fire Journal Club: High-Yield Evidence Appraisal for Busy Arthroplasty Surgeons	David C. Landy, MD, PhD, Moderator David C. Landy, MD, PhD

	I. Reading Smarter, Not Longer: How to Quickly Assess Study Quality, Level of Evidence and Clinical Relevance II. Article 1: Key Findings, Methodologic Strengths and Limitations III. Article 2: Interpreting Results and Assessing Bias IV. Article 3: Statistical Significance vs. Clinical Meaningfulness V. Article 4: Translating Evidence into Practice	Adam I. Edelstein, MD Anna R. Cohen-Rosenblum, MD, MSc W. Christian Thomas, MD Josef E. Jolissaint, MD
12:00 p.m.	Closing Remarks & Adjourn	Leonard T. Buller, MD